

# Getting advice

Do you need free, confidential advice?

Ways to get advice:

- Call us: **0300 330 9022 / 03444 111 444**
- Text: **ADVICE** with your name and  
postcode to **81400**
- Email us: [www.eastsussexcab.co.uk](http://www.eastsussexcab.co.uk)
- Go online: [citizensadvice.org.uk](http://citizensadvice.org.uk)

You can find us in.....

- **Crowborough**
- **Hailsham**
- **Uckfield**

For details of our opening hours and other locations go to our website:

[wealdencitizensadvice.org.uk](http://wealdencitizensadvice.org.uk)